

UCLA PEERS® for Adolescents Certified School-Based Training Seminar: School-Based Social Skills Training Program

**Evidence-Based Social Skills Training for
Adolescents with Autism Spectrum Disorder &
Other Social Challenges**

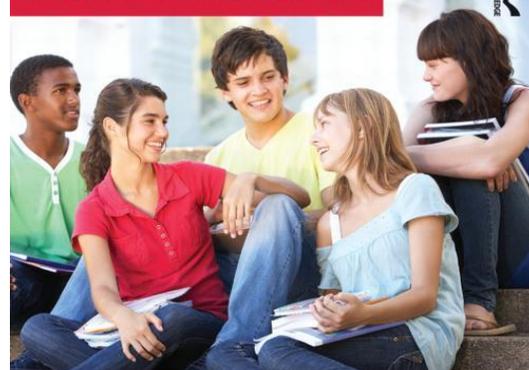
June 27 - 29, 2018

UCLA PEERS® Clinic, UCLA Semel Institute
Los Angeles, CA

Dr. Elizabeth Laugeson

Founder & Director, PEERS® Curriculum Developer

ELIZABETH A. LAUGESON, PsyD



The **PEERS®** Curriculum
for School-Based
Professionals

Social Skills Training for Adolescents
with Autism Spectrum Disorder

Course Description

The **PEERS® for Adolescents Certified School-Based Training Seminar** is designed exclusively for educators and school-based professionals, as well as mental health practitioners, medical professionals, speech and language pathologists, occupational and recreational therapists, researchers, and other professionals who work with youth with social challenges. **PEERS® is the ONLY available evidence-based social skills program for adolescents and adults with autism spectrum disorder, and is used clinically for youth with ADHD, anxiety, depression and other social challenges.** Attendees will obtain **24 hours of training** in the implementation of *The PEERS® Curriculum for School-Based Professionals: Social Skills Training for Adolescents with Autism Spectrum Disorder* (Laugeson, 2014) and the research behind the program. This training will enable providers to implement PEERS® in their educational settings, or in other appropriate clinical settings, as **PEERS® Certified School-Based Providers**.

The 16-week PEERS® Curriculum for School-Based Professionals brings UCLA's highly acclaimed and internationally recognized PEERS® intervention into the school and/or community setting using:

- Daily or weekly lesson plans for educators and mental health professionals
- Concrete rules and steps of social skills for making and keeping friends
- Proven strategies for handling peer rejection and conflict
- Unique and fun activities for students to practice newly learned skills
- Corresponding homework assignments to generalize skills
- Parent handouts outlining the skills and homework assignments
- Tips for facilitators to prepare for lessons and strategies for overcoming potential pitfalls
- An overview of the research underlying this program

Topics of Instruction in the PEERS® Curriculum for School-Based Professionals

- How to use appropriate conversational skills
- How to start, enter, and exit conversations with peers
- How to appropriately use electronic forms of communication
- How to find friends and choose relevant social networks
- How to appropriately use humor and assess humor feedback
- How to organize and have get-togethers with friends
- How to be a good sport during games and activities
- How to handle arguments and disagreements with friends
- How to handle teasing, physical bullying, cyber bullying, and rumors or gossip
- How to change a bad reputation

Attendees will have the unique opportunity to learn directly from **Dr. Elizabeth Laugeson, developer of the PEERS® Curriculum for School-Based Professionals**, on the effective administration of this empirically supported program. Dr. Laugeson, Founder and Director of the UCLA PEERS® Clinic, will serve as the course instructor throughout training.

Learning Objectives for Training

- Attendees will learn about the friendship and social difficulties common to adolescents with autism spectrum disorder and other social challenges.
- Attendees will become familiar with the PEERS® Curriculum for School-Based Professionals and the research upon which it is founded.
- Attendees will be equipped with the tools to deliver the PEERS® Curriculum in the school or community setting.
- Attendees will learn how to incorporate parents and family members into the ongoing training.

Training Materials

Each attendee will receive the following training materials on-site:

- *The PEERS® Curriculum for School-Based Professionals: Social Skills Training for Adolescents with Autism Spectrum Disorder* (Laugeson, 2014)
- *Social Skills for Teenagers with Developmental and Autism Spectrum Disorders: The PEERS® Treatment Manual* (Laugeson & Frankel, 2010)
- *The Science of Making Friends: Helping Socially Challenged Teens and Young Adults* (Laugeson, 2013)
- *Companion DVD* with 24 role-play videos (Laugeson, 2013)

Training is conducted by Dr. Elizabeth Laugeson, the developer of the PEERS® Curriculum for School-Based Professionals, using the following training methods:

- Interactive and comprehensive didactic instruction in using the curriculum
- Video demonstrations of adolescent social skills classes
- Live role-play demonstrations and behavioral rehearsals exercises of targeted social skills

Training Cost and Schedule

- The cost of the **PEERS® Certified Training for Educators** is **\$2,200 per person**
- Training is held at the **UCLA Semel Institute for Neuroscience and Human Behavior** in Los Angeles
- Food and beverages (including breakfast and a light lunch) are provided throughout the training
- The training spans **3 days (24 hours total)**

To register for the PEERS® for Adolescents Certified
School-Based Training Seminar:
Evidence-Based Social Skills Training Program

www.semel.ucla.edu/peers

peersclinic@ucla.edu

(310) 26-PEERS

